Cranmer Primary School

'Creating a community of caring, collaborative, critical and creative thinkers.'

Issue 12 – 04th December 2020

FUTURE EVENTS

11th December

Nursery only – Christmas Jumper Day

16th December

Christmas Lunch

Nursery last day of term

17th December

Reception – Year 6 – Christmas Jumper Day

Nursery open day

Last day of term

4th January

Staff training – INSET Day

5th January

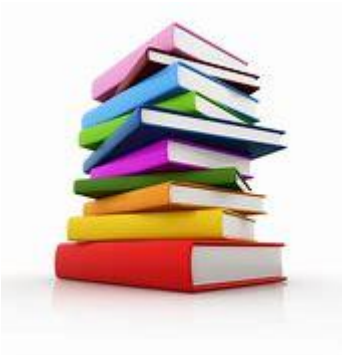
First day back for children

Jasper class need your help

Jasper class is a caring intervention base accessed by our Nursery and Reception children. It is located within the Cranmer cabin. There are two members of staff in Jasper: Mrs Long and Mrs Khatun.

We are looking for small world toys, role play and familiar character toys & books from popular television shows.

We would be very grateful for any donations from parents to help support our Jasper class children.



Christmas Hamper Raffle

Cranmer Primary has received a lovely hamper donation from Community Champions to help with our fundraising efforts, and to say thank you for all that we do and continue to do, to help the community.

We are going hold a raffle for the hamper with tickets costing £1 each. The draw will take place on the 16th December.

If you would like to purchase a ticket or two, you can do so via PayPal. Log into your PayPal account and send your payment to: fundraising@cranmer.merton.sch.uk

Numbers will be allocated in order of receipt of payment. Please use the reference "Christmas Hamper" when sending your payment through.

Cranmer's Christmas CD

The children have been busy practising their class Christmas song which will be included in a professionally produced Cranmer Christmas CD (this will also include a digital download of each song). The recording will take place on Thursday, 10th December and all orders for the CD will need to be placed via Parent Pay by 9am on Thursday, 10th December. The cost per CD is £5.

Please go to your parent pay account to secure a purchase of the Cranmer Christmas CD by **Thursday, 10th December 9am.**

We can't wait for you to hear Cranmer's first Christmas CD!

Welcome Back!!

We are delighted to be welcoming back Mrs McCabe to school following her maternity leave. Mrs McCabe will be resuming her role as Assistant Headteacher for Key Stage 1 (Years 1 & 2). I'm sure you will join us in wishing her well upon her return to school.

Christmas arrangements reminder

Click here for a reminder about the Christmas arrangements for the children which was sent out on Wednesday 2nd December.

Christmas Post Reminder

Due to Covid-19 restrictions, there will be NO Christmas whole school post box this year, however your child may still send Christmas cards within their class bubble.

Save the Children's Christmas Jumper Day

On Thursday 17th December, we are inviting all pupils to take part in 'Save the Children's Christmas Jumper Day'. There is no need to buy a new jumper – you can always turn old sweaters into sparkly new creations. There are decorating templates online at **christmasjumperday.org/schools-pack** if you want to do this at home.

Simply using the weblink below to donate your £2 (or more if you are feeling generous…) or simply scan the code with your phone camera and donate directly to our team.

https://www.justgiving.com/fundraising/cjd200009399?utm_source=Sharethis&utm_medium=fundraising&utm_content=cjd200009399&utm_campaign=pfp-email&utm_term=46f49951701b48e08689b838b3df1dca

Sensory Circuits Update

This notice is for children who have been invited to attend Sensory Circuits.

Sensory Circuits will continue to take place in the Studio Hall. We will have sole use of this space and hope that you and your child enjoy this change of environment.

Miss Gentry and Miss Doherty

TRUST – RESPECT – RESILIENCE

STAR OF THE WEEK

Every week, one child is chosen from each class who has achieved especially marked results in work, behaviour or kindness.

DATE: 23rd November - 27th November 2020

CRYSTAL Lazar - For putting his hand up on the carpet.	**EMERALD** Maddie - For doing great talking.	**SAPPHIRE** Aharan - Always tries his hardest on the carpet.
DIAMOND Zion - For being kind, a good listener and working hard.	**ONYX** Tia – For her independent work in Maths and for always being kind and caring.	**PEARL** Theo - For being a great friend and a great tidy-upper!
AMETHYST Amiyah - For amazing Maths. You are a star! Keep it up!.	**CORAL** Lien – Amazing sounding out and writing.	**MOONSTONE** Yakhouba – Excellent participation in phonics!
OPAL Youchen - For great Maths!	**TURQUOISE** Amelia – For her resilience in Maths.	**QUARTZ** Anna - For reading nicely with Mr Bolt and moving up a book band.
AQUAMARINE Ganeshan – For his amazing independent homework on Seesaw.	**JADE** Jan – For really making an effort in Maths and also in English.	**JET** Logan - For being a good friend.
RUBY Ravnoor – For being fantastic and speaking in Spanish so beautifully to the class.	**AMBER** Jayden - For working hard and persevering with his Spellings.	**STARLITE** Zoey – Worked really hard with her isolation work.
GARNET Roxy – For being a resilient learner.	**TOPAZ** Mackenzie – For showing amazing perseverance.	**ANGELITE** Ella – Making the right choices plus a great performance during assessments.

Outstanding Attendance

Congratulations to Aquamarine for achieving the top attendance score of 98.4% for the week beginning 23rd November.

Well done to them!

How can your child deal with in-game bullying?

In-game abuse is a common form of cyberbullying, with gamers being harassed and intimidated by other players, known as 'griefers'. This abuse can happen while playing on online gaming websites and social media, or while interacting through gaming consoles like Playstation and Xbox.

It is often hard to know what to do to address and alleviate such a situation. With this in mind, here is a short list of dos and don'ts that you can discuss with your child should they be at the receiving end of in-game abuse.

- **Don't respond with aggression**

If it's the first time that a particular gamer has said anything that has upset or offended your child, and they feel it is a safe and appropriate action to take, they could try calmly communicating with the person who is doing the cyberbullying.
Your child should remember to challenge the behaviour, not the person – so instead of accusing the person of being a 'bully', they should explain why their actions or words are causing distress.
For example, instead of saying, '**You're upsetting me**', they could say, '**What you said/did has upset me**'. If the bullying persists after taking this action, see point 2.

- **Block/report the person that is cyberbullying you**

Your child can block and report the users who are bullying them at any time - remember that these options are in place to support and protect gamers from abuse.

- **Never give away personal information**

We recommend that your child keeps their privacy settings high and doesn't connect with anybody they do not know offline. People may not always be who they say they are and your child could be putting themselves and those that they care about at risk.
Advise your child to never give away personal details like their full name, telephone number, school, home address etc.

- **Don't take it personally**

Your child should remember that the person who is abusing them in-game is the one with the issue, **not them**. More importantly, it is very likely they don't even know them!
The only thing possible to change is attitudes – your child doesn't need to change the way they are.

- **Don't seek revenge**

It is far better that they save themselves from the possibility of further trauma and focus on the good things in their life. They should try to look at how they can move forward in a positive way, putting the person who is cyberbullying them firmly in the past.

- **Don't isolate yourself from friends and family**

A common, sometimes unconscious reaction to being bullied is to shut down and withdraw from your loved ones. We begin to distance ourselves both emotionally and physically from the very people we need support from.

We know it might feel like the best thing to do, but it will only make things worse in the long run by silencing your child and reducing their self-esteem. Advise your child to try to keep up with their normal social life and activities they enjoy – the distraction will help lift their spirits and remind them of the positive things in their life.

- **Tell somebody you trust**

Even if your child doesn't want to report it, it is important that they tell somebody they trust what they're going through. Dealing with it alone is extremely stressful, and can be emotionally draining and taxing.
This stress can have an impact on all areas of their life, including their mental wellbeing, ability to communicate with others, performance in school, self-esteem etc.
It is vital, during this time, that your child has a support system and people who they can rely on when they are feeling low, or unable to cope.

- **Keep a record**

Keeping a record of all interactions with griefers is very important.
Your child should be vigilant from the beginning and take a screenshot of anything offensive. This can be used as evidence when talking with game administrators.
Your child has a responsibility to themselves and other gamers - you never know who you might inadvertently be protecting from future abuse by being proactive right now.

- **Take some time out**

When players are immersed in a game it can feel all-consuming – in a good way! However, when an unexpected griefer is thrown into the mix, it can quickly become a very negative and overwhelming experience.
Advise your child to take some time out, step away from the game and remove the cause of stress. Give themselves a chance to see things a little clearer – that way they can decide what the best plan of action is.
It is important during this time to take good care of your child's health and mental wellbeing.
Little things like eating a balanced diet, exercising, getting a good night's sleep, relaxing and having quality time with friends and family can really improve physical and mental health, which will in turn, reduce stress.
Reductions in stress can increase your clarity of vision, allowing for better analysis of difficult situations, which will make them much easier to deal with.

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1.8 million users

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INSPIRING PASSIONS · REALISING AMBITIONS

Working on behalf of merton

Free Family Learning for Merton residents

Short courses on Zoom.

Themed courses with activities for families *Be creative and have fun*

"Our online groups are small, friendly and fun."

Wednesday 10am to 12 18th and 25th November (places still available)

Music and Story Telling

For parents /carers with their pre-school children.

Join us on Wednesday mornings, meet other families, help your little ones to socialise on line. Build your own and your child's self-confidence, have some fun singing and develop your story telling skills.

Thursday 10am to 12 26th November to 10th December

Parenting Skills, developing your strategies and understanding

Over 3 sessions we will;

- Identify the roles, responsibilities and the long term goal of a parent/carer.
- Recognise how the parent's role changes as their children grow and develop.
- Identify family values to underpin a Loving Discipline approach
- Practice tools and strategies to encourage independence and responsibility

For all of these courses you will need a smartphone or computer with Internet access.

For more information or to book a place please text or email, Hayley on 07810 836811

Hayley.holliday@citylit.ac.uk or Helen.sprogis@citylit.ac.uk

@CityLitFL

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Wednesday 10am to 12 continuing in January 2021 dates TBC

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For parents /carers with their pre-school children.

Join us on Wednesday mornings, meet other families and help your little ones to socialise on line. Build your own and your child's self-confidence, have fun singing and develop your story telling skills.

Thursday 10 am to 12 noon 14th January to 4th February 2021

Parenting Skills, developing your strategies and understanding

Over 4 sessions we will;

- Identify the roles, responsibilities and the long term goal of a parent/carer.
- Recognise how the parenting role changes as their children grow and develop.
- Identify family values to underpin a Loving Discipline approach
- Practice tools and strategies to encourage independence and responsibility

For all of these courses you will need a smartphone or computer with Internet access.

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Tuesday 10am to 12:00 19th January to 9th February 2021

Introduction to Digital Skills , feel confident on line

This course is perfect if you want to build up your confidence in using digital technology. We will look at what IT resources you have access to and how to use them.

Topics covered on this course include, how to; use the "Zoom" platform, download Apps, use google docs; create , name , save and send files.

For all of these courses you will need a smartphone or computer with Internet access.
For more information or to book a place please text or email,
Hayley on 07810 836811
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@CityLitFL

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M.A.P.S.

Merton Autism Parent Service

For PARENTS of children with Autism Spectrum Disorders

A parent-led service offering practical advice and support about

- Communication
- Positive behaviour
- Friendships
- Anxiety
- Sensory issues
- Sleep

& more

Wednesdays 10am to 1pm, term-time

Chaucer Centre, Canterbury Road, Morden, SM4 6PX

To make a booking

office.admin@mertonmencap.org.uk

020 3963 0597

www.mertonmencap.org.uk

NHS Merton Clinical Commissioning Group

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